

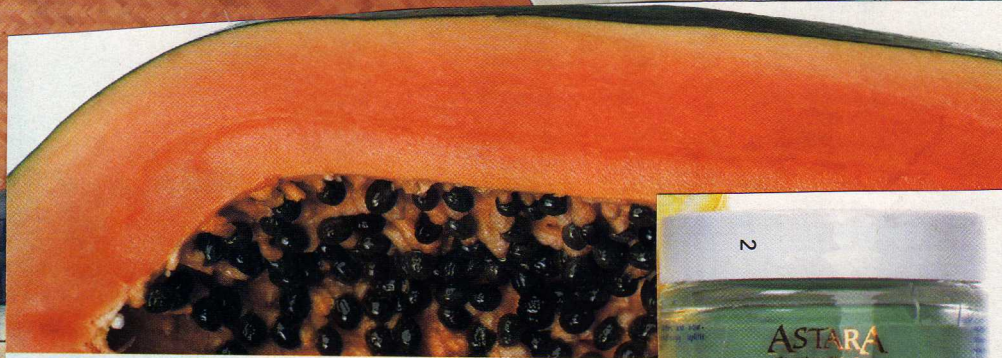
raw energy

Not limited strictly to food, the basis of raw foodism can also be found in other applications. A raw foodist herself, Sunny Griffin, founder of Astara Skin Care, created the line with a raw-food philosophy in mind. The products use only non-heated essential oils, flower essences, and natural extracts. To guarantee efficacy, ingredients are never heated above 103 degrees. "By using raw ingredients, Astara products have maximizing effects," says Griffin. "Each moisturizer, cleanser, toner, scrub, facial serum, and facial mask is created with ingredients in their natural state—whole, uncooked, and minimally processed to fully utilize their nutritive value."

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FRESH FACIALS, FRUIT
MASKS & FLOWER POWER

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A Path to Enlightenment

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juicy fruit

01 Applying a refreshing layer of Murad's **Exfoliating Fruit Enzyme Mask** ushers out the old and heralds in the new. Papaya and pineapple juice enzymes gently dissolve dead surface cells while lemon extract protects the skin's new surface. (800) 33-MURAD; www.murad.com.

02 Astara's **Green Papaya Nutrient Mask** provides the perfect complement to a rejuvenated complexion—the feeling of being on an island getaway. The raw

ingredients in Astara products catalyze the skin's oxidation and hydration process while the blend of ruby grapefruit and mandarin orange essential oils with papaya extract in this mask soothe, soften, and refine. (877) 4-ASTARA; www.astaraskincare.com.

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