

DERMASCOPE

The Encyclopedia of Aesthetics and Spa Therapy

WORTH A LOOK



Astara

Astara Skin Care is a prestige skin care line that uses only non heated essential oils, flower essences and natural extracts and infusions in their products. In order to ensure their strength, the ingredients are never warmed above 103 degrees Fahrenheit. Similar to the integrity of raw foods, these living botanicals are able to be absorbed more effectively, which results in healthy, glowing skin. "By using raw ingredients," Sunny Griffin explains, "Astara products have maximizing effects. Each moisturizer, cleanser, toner, scrub, facial serum, and facial mask is created with ingredients in their natural state – whole, uncooked, and minimally processed to fully utilize their nutritive value. For more information, please call 877-4ASTARA or visit www.astaraskincare.com. ◀

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SUNNY GRIFFIN
ASTARA CONSCIOUS SKIN CARE
PO BOX 3745
TELLURIDE CO 81435-3745

\$413 P6

Nutrition: Inside and Out