

Lifetime

real life real women

NEW
MAGAZINE
from
LIFETIME
TV

COOL IT!

cruise control

SHIP DRY SKIN AND HAIR OUT TO SEA WITH THESE MARINE-INSPIRED TREATS

The secret to smooth, hydrated skin lies within the sea. Mineral-rich products like seaweed, sea salt and kelp contain natural humectants—substances that easily absorb into the skin, restoring tone and luster. “Since we’re mainly composed of water, our bodies work in sync with marine products, quickly absorbing their richness,” says Susan Ciminelli, owner of Susan Ciminelli Salon in New York City. Shampoos with sea kelp hydrate hair, while cleansers and masks with algae tone and tighten skin. TRY: 1 Dior Iod Clear Aqua Foam (\$20; sephora.com). 2 Comfort Zone No More Puffy Eyes (\$18; 800-257-7104).

3 Gilchrist & Soames Sea Kelp Shampoo (\$11.99; gilchristsoames.com). 4 Oscar Blandi Aqua Marina Styling Gel (\$19; sephora.com). 5 Astaro Activated Sea Mineral Mask (\$39; sephora.com). 6 Bumble and Bumble Seaweed Conditioner (\$12; 800-7-BUMBLE). 7 Laura Mercier Hydra Soothing Gel Mask (\$30; lauramercier.com). 8 Mario Badescu Seaweed Cleansing Soap (\$12; 800-BADESCU).

