

NATURAL HEALTH.

feel good / look good / do good

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TO ENERGIZE
YOUR HOME



CHEEKS Blustery weather can strip facial skin of its natural oils, leaving it rough, raw, and chapped. Unless you're sporting a ski mask, your cheeks will suffer most from the effects of air and wind. Shea butter and avocado oil are two of the best occlusives to slow the stripping. Find them in **Astara Antioxidant Rich Moisturizer** (\$33; astaraskincare.com), developed for the cold air and high altitude of the company's home base in Telluride, Colo. Smooth it on morning and evening after cleansing.

Certified
Orgasmic!

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