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LOOK
FAB FROM
BEHIND!**

What's Next
for 24
Sarah Wynter



Liv Tyler, 26

that hollywood glow
easy steps to healthier, more radiant skin

While on set, actors can work grueling hours with loads of heavy makeup packed into their pores. One thing that keeps their skin glowing: sticking to a tried-and-true skin-care regimen – on set and off – that helps prevent irritation, blemishes and a dull complexion. And even if you're not on the big screen, the same advice applies. Consistent use of high-quality skin-care products is crucial for achieving the skin of your dreams. If you're constantly switching to the hottest new cream or cleanser, you risk not seeing the results the products promise (most products take anywhere from four to eight weeks of daily use before you notice their effects), and you may even end up irritating your skin from using too many different formulas on your face. (And just as bad, you'll empty your pockets in the process.)



Clear your pores: Try these preservative-free masks from Astara Conscious Skin Care, which boasts a celebrity following that includes Liv Tyler. From left: Blue Flame Purification Mask, Violet Flame Enzyme Mask and Green Papaya Nutrient Mask (\$22 each; astaraskincare.com).

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