

SKIN DEEP

LOOKING BEAUTIFUL INSIDE AND OUT.
BY ANN MARE GARDNER.

LET IT SNOW...

I love the holiday season. I love the snow, I love the lights. I love getting presents. I love the endless events. But I used to dread it. The ONLY reason I love it now is because I figured out a way to stop stressing before every party. Since I usually leave myself about five minutes to get ready before going out, I had to figure some tricks for looking gorgeous in a hurry but feeling like I had spent all day at the beauty parlor. Here are some simple and easy ways to look glamorous FAST!

1 The skin that stole Christmas

If you only do ONE THING, then make your skin look beautiful. Clear and luminous skin will make you look rested and healthy and if you radiate from within, you're halfway there.

Wash your face with a gentle cleanser – don't use a scrub, as it may irritate and leave your skin blotchy. Dr. Hauschka has the most useful travel size skincare kit and inside is a heavenly tube of cleansing milk. All the products are made with organically harvested roses. They smell delicious and leave your skin feeling very soft. I suggest you keep one in every handbag, especially if you usually go out straight from the office. *Dr. Hauschka Travel Kit, £12 (\$16.95). For information visit www.drhauschka.com*



2 Light my fire

Astara's Violet Flame Enzyme Mask is a beautiful purple colored mask that works fast but is intense. It contains enzymes that – in less than five minutes – will exfoliate the top layer of dead skin cells and thoroughly clean the pores. It also stimulates your circulation by bringing oxygen to the skin's surface, which will make your face instantly glow. After this, you'll only need to wear minimal makeup. *Astara Violet Flame Enzyme Maske, £32 (\$37). For stockists visit www.astaraskincare.com. (UK - beautylounge.net)*

3 Holly jolly lipstick

Red lipstick offers the complete transformation. Laura Mercier makes THE perfect shade of holiday red. Her lip glaze in Seduction is for anyone who thinks they can't wear red. You will be converted. Try it and see how much fun you have. *Laura Mercier Lip Color in Seduction, £15 (\$18). For stockists visit www.lauramercier.com.*



4 You better not cry...

Lush, knockout eyelashes are easy to achieve with Stila's Lash Visor Mascara. It's very dark and rich and makes the lashes look extra long if you heap it on. Apply two coats at least. It's quick drying, lasts all night and, it's waterproof (just in case...)
Stila Lash Visor Mascara, £13 (\$16). For stockists visit www.stilacosmetics.com

5 Twinkle Twinkle

Clarins new Fairy Lights Loose Powder Eye shadow in Amethyst is one of my favorites because it's a very wearable color on almost every skin tone (sort of an iridescent pinkish lavender). It's a loose, powder eye shadow, which makes it easy to apply with your fingers and it gives off a subtle shimmer that you only