

Time Out

New York

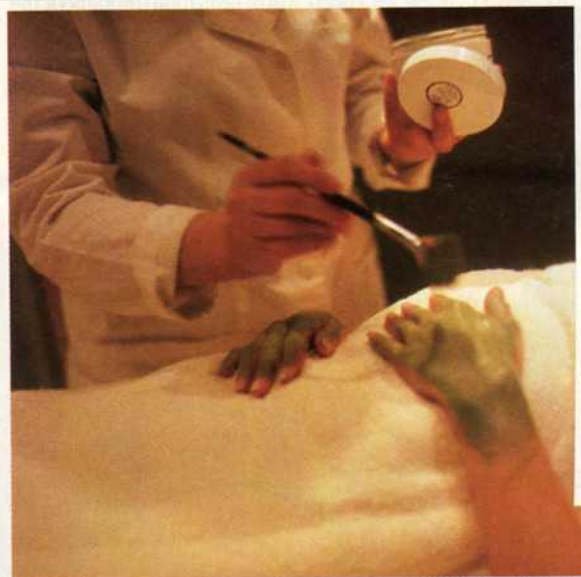
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INSIDE
THIS WEEK:
325 FREE
EVENTS!

•SPAS•

Give 'em your digits

Pamper your piggies and lavish your mitts at these serene hands-and-feet retreats Photographs by Flynn Larsen



FRUITS OF LABOR At Ajune, hands and feet are nourished with Astara's Green Papaya mask, taking years off their appearance.

AJUNE: Hand and Feet Anti-Aging

You can Botox the furrows and collagen the kiss er, but there's no fooling young Prince Charming when he lays lips on those road maps you call hands. So head for the Ajune spa, where youthful, wrinkle-free hands and feet are an hour (and \$100) away. As her subject lounges on a table, appendages exposed, aesthetician Cara applies a regimen of botanical Astara products: cleansing gel, scrub, AHA toner. Next, she brushes on two masks—nourishing Green Papaya to the tops of hands and feet and exfoliating Violet Flame to the soles. After a rinse, and rubbings of carrot and almond-oil serum and aloe-cucumber hydrating gel, she slips on hot mitts and booties. In a short time (and a hand-and-foot massage) later, you're ready to step into Cinderella's glass slippers—and proffer your hand to any prince that suits you.—Carole Braden

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