

Stop Worrying About Money
23 Smart Tips

Woman's Day

Walk Away the Pounds
20 Exercises & Tips

beautyfinds

Produced by Nicole Catanese

Martina McBride, *singer*

Although this country music superstar has sold more than 13 million albums, she still puts family first and won't go on tour without husband John and daughters Delaney Katharine and Emma Justine. The song "In My Daughter's Eyes" from her latest CD, *Martina*, reveals the difference her children have made in her life. Martina, a working mom, tells how she looks her best, whether at home or on the road.



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1. The number-one beauty rule: Wash your face morning and night, then tone and moisturize.

2. I'm a skincare fanatic, especially when it comes to facial masks. My favorites: La Prairie Cellular Balancing Mask, Astara Blue Flame Purification Mask and B. Kamins Diatomamus Earth Masque.

...to hydrate skin before applying



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with a Container
of Flowering
Plants
PAGE 104



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