

# yes

Your essential style

## AGE PAGE

# Saving face

Skin-care needs change as we age

**YOUR SKIN:** The early signs of aging include expression lines such as frown lines between eyebrows and crow's feet, says Wexler. You also may see some staining of the skin due to blemishes in the past. Skin may have oiliness in the T-zone and dryness on the edges.

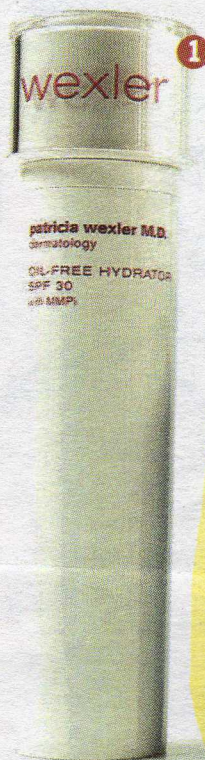
**NEEDS:** Because of combination skin, a good skin-care regimen includes good cleansing and daily exfoliation. You want maximum tightening in your pores to decrease their size now (as well as in the future) and to decrease the likelihood of breakouts and acne scars, Wexler says.

"After exfoliation, you want to restore (the skin's balance by) using some rejuvenating technology," she says.

**TRY: 1.** Wexler Oil-free Hydrator with SPF 30 controls shine and prevents clogged pores, \$39.50 at select **Bath & Body Works** and [www.bathandbodyworks.com](http://www.bathandbodyworks.com).

**2.** Astara Daily Refining Scrub softens and refines skin's appearance, \$18 for 2 ounces, \$30 for 4 ounces, at [astaraskincare.com](http://astaraskincare.com).

**3.** MD Formulations Moisture Defense Antioxidant Spray defends against environmental stress, \$28 at [mdformulations.com](http://mdformulations.com).



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